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# General Upper Bounds for the Numerical Radii of Powers of Hilbert Space Operators 

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#### Abstract

In this paper, we will present several upper bounds for the numerical radii of a operatoz matrices. We use these bounds to generalize and improve some well-known numerical radius inequalities. We provide a refinement of an earlier numerical radius inequality due to (Bani-Domi \& Kittaneh, 2021) [Norm and numerical radius inequalities for Hilbert space operators], (Bani-Domi \& Kittaneh, 2021) [Refined and generalized numerical radius inequalities for operator mattices] and (Al-Dolat \& Kittaneh, 2023) [Upper bounds for the numerical radii of powers of Hilbert space operators].


Keywords: Numerical radius, Usual operator norm, Operator matrix, Buzano inequality.

## Introduction

Let $\mathcal{B}(\mathcal{H})$ be the $C^{*}$ - algebra of all bounded linear operators on the complex Hilbert space $\mathcal{H}$. Recall that the numerical radius $w($.$) and the usual operator norm \|. \|| are, respectively, defined by$

$$
w(Y)=\sup _{\| x \mid=1}|\langle Y x, x\rangle| \text { and }\|Y\|=\sup _{\|x\|=1}\|Y x\| \text { where } \mathcal{B} \in \mathcal{B}(\mathcal{H}) .
$$

A fundamental relation between the norms $w($.$) and \|$.$\| is the following inequality$

$$
\begin{equation*}
\frac{1}{2}\|Y\| \leq w(Y) \leq\|Y\| \text { for every } Y \in \mathcal{B}(\mathcal{H}) \tag{1.1}
\end{equation*}
$$

Many mathematicians are interested in giving refinements for the inequalities in (1.1). For example, in Kittaneh (2005) Kittaneh provided the following improvement

$$
\begin{equation*}
\frac{1}{4}\left\||Y|^{2}+\left|Y^{*}\right|^{2}\right\| \leq w^{2}(Y) \leq \frac{1}{2}\left\||Y|^{2}+\left|Y^{*}\right|^{2}\right\| \text { for every } Y \in \mathcal{B}(\mathcal{H}) \tag{1.2}
\end{equation*}
$$

where $|Y|=\left(Y^{*} Y\right)^{\frac{1}{2}}$.

In El-Haddad and Kittaneh (2007), the authors showed that the upper bound in (1.2) can be generalized as follows:

$$
\begin{equation*}
w^{2 r}(Y) \leq \frac{1}{2}\left\||Y|^{2 r}+\left|Y^{*}\right|^{2 r}\right\| \text { forevery } \mathrm{r} \geq 1 \text { and } \mathrm{Y} \in \mathcal{B}(\mathcal{H}) \tag{1.3}
\end{equation*}
$$

[^0]Recently, in Al-Dolat and Kittaneh (2023), Al-Dolat and Kittaneh have refined the inequality (1.3) by showing that
$w^{2 r}(Y) \leq \frac{1+\alpha}{4}\left\||Y|^{2 r}+\left|Y^{*}\right|^{2 r}\right\|+\frac{1-\alpha}{2} w^{r}\left(Y^{2}\right)$ for every $Y \in \mathcal{B}(\mathcal{H}), \mathrm{r} \geq 1$ and $\alpha \in[0,1]$.

In Kittaneh (2003), Kittaneh showed the following inequality

$$
\begin{equation*}
w(Y) \leq \frac{1}{2}\left\||Y|+\left|Y^{*}\right|\right\| \text { for every } Y \in \mathcal{B}(\mathcal{H}) \tag{1.5}
\end{equation*}
$$

In Dragomir (2009), Dragomir showed that the numerical radius of a product of two operators has the following upper bound

$$
\begin{equation*}
w^{r}\left(Y^{*} X\right) \leq \frac{1}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\| \text { for every } \mathrm{r} \geq 1 \text { and } \mathrm{X}, \mathrm{Y} \in \mathcal{B}(\mathcal{H}) \tag{1.6}
\end{equation*}
$$

Let $\mathcal{H}$ be a complex Hilbert space and let $\mathcal{H}^{(2)}=\mathcal{H} \oplus \mathcal{H}$ denote the 2 -copies of $\mathcal{H}$. Based on this decomposition every operator $Y \in \mathcal{B}\left(\mathcal{H}^{(2)}\right)$ has a $2 \times 2$ operator matrix representation

$$
\mathrm{Y}=\left[\begin{array}{ll}
Y_{11} & Y_{12} \\
Y_{21} & Y_{22}
\end{array}\right]
$$

With $Y_{i j} \in \mathcal{B}(\mathcal{H})$ where $i, j \in\{1,2\}$. To learn more about the numerical radii of operator of matrices and their applications, one can refer to (Al-Dolat et al., 2016 ; Al-Dolat \& Jaradat, 2023).

In this paper, we give new upper bounds for the numerical radii of $2 \times 2$ operator matrices. Based on those bounds, we obtain refinements of the inequality (1.4). Also, we refine earlier numerical radius inequalities for an operator of matrices obtained in (Bani-Domi \& Kittaneh, 2021; Al-Dolat \& Kittaneh, 2023).

## Results and Discussion

For our purpose, we need to recall a few well-known lemmas.
Lemma 2.1 (Kittaneh, 1988). Let $Y \in \mathcal{B}(\mathcal{H})$ be a positive operator and let $x \in \mathcal{H}$ with $\|x\|=1$. Then

$$
\langle Y x, x\rangle^{r} \leq\left\langle Y^{r} x, x\right\rangle \text { for every } \mathrm{r} \geq 1
$$

Lemma 2.2 (Aujla \& Silva, 2003). Let $f$ be a non-negative convex function on $[0, \infty)$ and $X, Y \in \mathcal{B}(\mathcal{H})$ be positive operators. Then

$$
\left\|f\left(\frac{X+Y}{2}\right)\right\| \leq\left\|\frac{f(X)+f(Y)}{2}\right\|
$$

In particular,

$$
\left\|(X+Y)^{r}\right\| \leq 2^{r-1}\left\|X^{r}+Y^{r}\right\| \text { for every } r \geq 1
$$

Lemma 2.3 (Hirzallah \& Kittaneh, 2011). Let $X, Y \in \mathcal{B}(\mathcal{H})$. Then
(a)

$$
w\left(\left[\begin{array}{cc}
X & 0 \\
0 & Y
\end{array}\right]\right)=\max \{w(X), w(Y)\},
$$

(b)

$$
w\left(\left[\begin{array}{ll}
X & Y \\
Y & X
\end{array}\right]\right)=\max \{w(X+Y), w(X-Y)\} .
$$

In particular,

$$
w\left(\left[\begin{array}{ll}
0 & Y \\
Y & 0
\end{array}\right]\right)=w(Y) .
$$

Lemma 2.4 (Buzano, 1974). Let $u, v, w \in \mathcal{H}$ with $\|w\|=1$. Then

$$
|\langle u, w\rangle\langle w, v\rangle| \leq \frac{1}{2}(\|u\|\|v\|+|\langle u, v\rangle|) .
$$

Lemma 2.5 (Moradi \& Sababheh, 2021). Let $X, Y \in \mathcal{B}(\mathcal{H})$. be self-adjoint. Then

$$
w^{2}(X+i Y) \leq\left\|X^{2}+Y^{2}\right\| .
$$

Our first main result in this paper provides a refinement for the upper bound given in (Ajula \& Silva, 2003, Theorem 2.6).

Theorem 2.6 Let $X, Y \in \mathcal{B}(\mathcal{H})$. Then for every $\alpha \in[0,1]$ and $r \geq 2$, we have

$$
w^{r}\left(Y^{*} X\right) \leq \frac{\alpha}{2}\left\||X|^{r}+|Y|^{r}\right\| w^{\frac{r}{2}}\left(Y^{*} X\right)+\frac{1-\alpha}{2} w^{2}\left(|X|^{r}+i|Y|^{r}\right) .
$$

Proof. Let $x \in \mathcal{H}$ be any unit vector. Then by letting $u=X x$ and $v=Y x$ in Lemma 2.5 , we have

$$
\begin{aligned}
& \left|\left\langle Y^{*} X x, x\right\rangle\right|^{r}=\alpha|\langle X x, Y x\rangle|^{\frac{r}{2}}|\langle X x, Y x\rangle|^{\frac{r}{2}}+(1-\alpha)|\langle X x, Y x\rangle|^{r} \\
& \leq \alpha\|X x\|^{\frac{r}{2}}\|Y x\|^{\frac{r}{2}}\left|\left\langle Y^{*} X x, x\right\rangle\right|^{\frac{r}{2}}+(1-\alpha)\|X x\|^{r}\|Y x\|^{r} \\
& \leq \frac{\alpha}{2}\left(\|X x\|^{r}+\|Y x\|^{r}\right)\left|\left\langle Y^{*} X x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left(\|X x\|^{2 r}+\|Y x\|^{2 r}\right)
\end{aligned}
$$

## (by the arithmetic - geometric mean inequality)

$$
\left.\left.\left.\left.=\frac{\alpha}{2}\left(\left.\langle | X\right|^{2} x, x\right)^{\frac{r}{2}}+\left.\langle | Y\right|^{2} x, x\right\rangle^{\frac{r}{2}}\right)\left|\left\langle Y^{*} X x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left(\left.\langle | X\right|^{2} x, x\right\rangle^{r}+\left.\langle | Y\right|^{2} x, x\right\rangle^{r}\right)
$$

$\left.\left.\left.\left.\leq \frac{\alpha}{2}\left(\left.\langle | X\right|^{r} x, x\right\rangle+\left.\langle | Y\right|^{r} x, x\right\rangle\right)\left|\left\langle Y^{*} X x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left(\left.\langle | X\right|^{r} x, x\right\rangle^{2}+\left.\langle | Y\right|^{r} x, x\right\rangle^{2}\right)($ by Lemma 2.1)

$$
=\frac{\alpha}{2}\left\langle\left(|X|^{r}+|Y|^{r}\right) x, x\right\rangle\left|\left\langle Y^{*} X x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left|\left\langle\left(|X|^{r}+i|Y|^{r}\right) x, x\right\rangle\right|^{2} .
$$

Thus,

$$
\begin{aligned}
& w^{r}\left(Y^{*} X\right)=\sup _{\| x \mid=1}\left|\left\langle Y^{*} X x, x\right\rangle\right|^{r} \\
& \leq \frac{\alpha}{2}\left\||X|^{r}+|Y|^{r}\right\| w^{\frac{r}{2}}\left(Y^{*} X\right)+\frac{1-\alpha}{2} w^{2}\left(|X|^{r}+i|Y|^{r}\right) .
\end{aligned}
$$

Remark 2.7 The upper bound presented in the above theorem is smaller than the upper bound given in the inequality (1.6). To see this, note that for every $\alpha \in[0,1]$ and $r \geq 2$, we have

$$
\begin{aligned}
& w^{r}\left(Y^{*} X\right) \leq \frac{\alpha}{2}\left\||X|^{r}+|Y|^{r}\right\| w^{\frac{r}{2}}\left(Y^{*} X\right)+\frac{1-\alpha}{2} w^{2}\left(|X|^{r}+i|Y|^{r}\right) \quad \text { (by Theorem2.6) } \\
& \leq \frac{\alpha}{2}\left\||X|^{r}+|Y|^{r}\right\| w^{\frac{r}{2}}\left(Y^{*} X\right)+\frac{1-\alpha}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\|(\text { by Lemma 2.6) } \\
& \leq \frac{\alpha}{4}\left\|\left(|X|^{r}+|Y|^{r}\right)^{2}\right\|+\frac{1-\alpha}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\| \text { (by the inequality (1.6)) } \\
& \leq \frac{\alpha}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\|+\frac{1-\alpha}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\| \text { (by Lemma 2.5) } \\
&=\frac{1}{2}\left\||X|^{2 r}+|Y|^{2 r}\right\| .
\end{aligned}
$$

The next result in this paper refine [Aujla \& Silva, 2003, Theorem 2.9].
Theorem 2.8 Let $X \in \mathcal{B}(\mathcal{H})$. Then for every $\alpha \in[0,1]$ and $r \geq 2$, we have

$$
w^{r}(X) \leq \frac{\alpha}{2} w^{2}\left(|X|^{\frac{r}{2}}+i\left|X^{*}\right|^{\frac{r}{2}}\right)+\frac{1-\alpha}{2} w^{\frac{r}{2}}(X)\left\||X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right\|
$$

Proof. Let $x \in \mathcal{H}$ be any unit vector. Then we have

$$
\begin{aligned}
& |\langle X x, x\rangle|^{r}=\alpha|\langle X x, x\rangle|^{r}+(1-\alpha)|\langle X x, x\rangle|^{r} \\
& \left.\left.\leq \alpha\langle | X \mid x, x) \left.^{\frac{r}{2}}\langle | X^{*}|x, x\rangle^{\frac{r}{2}}+(1-\alpha)|\langle X x, x\rangle|^{\frac{r}{2}}\langle | X \right\rvert\, x, x\right) \left.^{\frac{r}{4}}\langle | X^{*} \right\rvert\, x, x\right)^{\frac{r}{4}}
\end{aligned}
$$

## (by the Mixed Schwarz inequality)

$$
\left.\left.\left.\leq \frac{\alpha}{2}\left(\langle | X|x, x\rangle^{r}+\langle | X^{*}|x, x\rangle^{r}\right)+\frac{1-\alpha}{2}|\langle X x, x\rangle|^{\frac{r}{2}}(\langle | X \mid x, x)^{\frac{r}{2}}+\langle | X^{*} \right\rvert\, x, x\right)^{\frac{r}{2}}\right)
$$

(by the arithmetic - geometric mean inequality)

$$
\begin{aligned}
& \leq \frac{\alpha}{2}\left(\left.\langle | X\right|^{\frac{r}{2}} x, x\right\rangle^{2}\left.+\langle | X^{*}\left|\frac{r}{2} x, x\right\rangle^{2}\right)+\frac{1-\alpha}{2}|\langle X x, x\rangle|^{\frac{r}{2}}\left\langle\left(|X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right) x, x\right\rangle \text { (by Lemma2.1) } \\
&=\frac{\alpha}{2}\left|\left\langle\left(|X|^{\frac{r}{2}}+\left.\left.i\right|^{*}\right|^{\frac{r}{2}}\right) x, x\right\rangle\right|^{2}+\frac{1-\alpha}{2}|\langle X x, x\rangle|^{\frac{r}{2}}\left\langle\left(|X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right) x, x\right\rangle .
\end{aligned}
$$

Thus,

$$
w^{r}(X)=\sup _{\|x\|=1}|\langle X x, x\rangle|^{r}
$$

$$
\leq \frac{\alpha}{2} w^{2}\left(|X|^{\frac{r}{2}}+i\left|X^{*}\right|^{\frac{r}{2}}\right)+\frac{1-\alpha}{2} w^{\frac{r}{2}}(X)\left\||X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right\| .
$$

Remark 2.9 The upper bound presented in the above theorem is smaller than the upper bound given in the inequality (1.3). To see this, note that for every $\alpha \in[0,1]$ and $r \geq 2$, we have

$$
\begin{aligned}
& w^{r}(X) \leq \frac{\alpha}{2} w^{2}\left(|X|^{\frac{r}{2}}+i\left|X^{*}\right|^{\frac{r}{2}}\right)+\frac{1-\alpha}{2} w^{\frac{r}{2}}(X)\left\||X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right\| \text { (by Theorem 2.9) } \\
& \leq \frac{\alpha}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\|+\frac{1-\alpha}{2} w^{\frac{r}{2}}(X)\left\||X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right\| \text { (by Lemma 2.5) } \\
& \leq \frac{\alpha}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\|+\frac{1-\alpha}{4}\left\|\left(|X|^{\frac{r}{2}}+\left|X^{*}\right|^{\frac{r}{2}}\right)^{2}\right\| \text { (by the inequality (1.3)) } \\
& \leq \frac{\alpha}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\|+\frac{1-\alpha}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| \text { (by Lemma 2.2) } \\
& =\frac{1}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| .
\end{aligned}
$$

Now, we give an upper bound for the numerical radius of a $2 \times 2$ operator matrix which generalize [ 8 , Theorem 2.1].

Theorem 2.10 Let $A, B, C, D \in \mathcal{B}(\mathcal{H})$. Then for every $r \geq 2$, we have

$$
\begin{aligned}
& w^{r}\left(\left[\begin{array}{ll}
A & B \\
C & D
\end{array}\right]\right) \leq 2^{r-1} \max \left\{w^{r}(A), w^{r}(D)\right\}+2^{r-2} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +2^{r-3} \max \left\{\left\|\left|\left\|\left.\right|^{r}+\left|B^{*}\right|^{r}\right\|,\left\||B|^{r}+\left|C^{*}\right|^{r}\right\|\right\}\right.\right.
\end{aligned}
$$

Proof. Let

$$
\begin{aligned}
& Y=\left[\begin{array}{ll}
A & B \\
C & D
\end{array}\right], Y_{1}=\left[\begin{array}{cc}
A & 0 \\
0 & D
\end{array}\right] \text { and } \\
& Y_{2}=\left[\begin{array}{ll}
0 & B \\
C & 0
\end{array}\right] . \text { Then for every unit vector } x \in \mathcal{H}^{(2)} \text {, we have } \\
& |\langle Y x, x\rangle|^{r} \leq\left(\left|\left\langle Y_{1} x, x\right\rangle\right|+\left|\left\langle Y_{2} x, x\right\rangle\right|\right)^{r} \\
& \leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-1}\left|\left\langle Y_{2} x, x\right\rangle\right|^{r} \text { (by the convexity of } \mathrm{t}^{\mathrm{r}}, \mathrm{r} \geq 2 \text { ) } \\
& \leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-1}\left|\left\langle Y_{2} x, x\right\rangle\left\langle x, Y_{2}^{*} x\right\rangle\right|^{\frac{r}{2}} \\
& \leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-1}\left(\frac{\left|\left\langle Y_{2}^{2} x, x\right\rangle\right|}{2}+\frac{\left\|Y_{2} x\right\|\| \| Y_{2}^{*} x \|}{2}\right)^{\frac{r}{2}} \text { (by Lemma 2.4) }
\end{aligned}
$$

$\leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-2}\left(\left|\left\langle Y_{2}^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\left\|Y_{2} x\right\|^{\frac{r}{2}}\left\|Y_{2}^{*} x\right\|^{\frac{r}{2}}\right)$ (by the convexity of $\mathrm{t}^{\frac{\mathrm{r}}{2}}, \mathrm{r} \geq 2$ )

$$
\leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-2}\left|\left\langle Y_{2}^{2} x, x\right\rangle\right|^{\frac{r}{2}}+2^{r-3}\left(\left\|Y_{2} x\right\|^{r}+\left\|Y_{2}^{*} x\right\|^{r}\right)
$$

(by the arithmetic - geometric mean inequality)

$$
\leq 2^{r-1}\left|\left\langle Y_{1} x, x\right\rangle\right|^{r}+2^{r-2}\left|\left\langle Y_{2}^{2} x, x\right\rangle\right|^{\frac{r}{2}}+2^{r-3}\left\langle\left(\left|Y_{2}\right|^{r}+\left|Y_{2}^{*}\right|^{r}\right) x, x\right\rangle .
$$

Therefore,

$$
\begin{aligned}
& w^{r}(Y)=\sup _{\|x\|=1}|\langle Y x, x\rangle|^{r} \\
& \leq 2^{r-1} w^{r}\left(Y_{1}\right)+2^{r-2} w^{\frac{r}{2}}\left(Y_{2}^{2}\right)+2^{r-3}\left\|\left|Y_{2}\right|^{r}+\left|Y_{2}^{*}\right|^{r}\right\| \\
& =2^{r-1} \max \left\{w^{r}(A), w^{r}(D)\right\}+2^{r-2} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +2^{r-3} \max \left\{\left\||C|^{r}+\left|B^{*}\right|^{r}\right\|,\left.\| \| B\right|^{r}+\left|C^{*}\right|^{r} \|\right\} .
\end{aligned}
$$

There are many upper bounds for the numerical radii of Hilbert space operators that can be obtained from Theorem 2.12. The following results demonstrate some of these upper bounds.

Corollary 2.11 Let $A, B \in \mathcal{B}(\mathcal{H})$., Then for every $r \geq 2$, we have

$$
\begin{aligned}
& \max \left\{w^{r}(A-B), w^{r}(A+B)\right\}=w^{r}\left(\left[\begin{array}{cc}
A & B \\
B & A
\end{array}\right]\right) \\
& \leq 2^{r-1} w^{r}(A)+2^{r-2} w^{\frac{r}{2}}\left(B^{2}\right)+2^{r-3}\left\|\left.B\right|^{r}+\left|B^{*}\right|^{r}\right\| .
\end{aligned}
$$

By setting $A=0$ and $B=X$ in the above corollary we have the following result.
Corollary 2.12 Let $X \in \mathcal{B}(\mathcal{H})$. Then for every $r \geq 2$, we have

$$
\begin{aligned}
& w^{r}(X)=w^{r}\left(\left[\begin{array}{cc}
0 & X \\
X & 0
\end{array}\right]\right) \\
& \leq \frac{1}{2} w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1}{4}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| \\
& \leq \frac{1}{2}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| .
\end{aligned}
$$

To prove Theorem 2.16, we need the following lemma which can be found in (Al-Dolat \& Al-Zoubi, 2023).
Lemma 2.13 Let $u, v, w \in \mathcal{H}$ with $\|w\|=1$. Then

$$
|\langle u, w\rangle\langle w, v\rangle|^{r} \leq \frac{1}{2}\|u\|^{r}\|v\|^{r}+\frac{\alpha}{2}\|u\|^{\frac{r}{2}}\|v\|^{\frac{r}{2}}|\langle u, v\rangle|^{\frac{r}{2}}+\frac{1-\alpha}{2}|\langle u, v\rangle|^{r}
$$

For every $r \geq 1$ and $\alpha \in[0,1]$.

Now, we present new upper bound for the numerical radius of the off-diagonal of a $2 \times 2$ operator matrix.

Theorem 2.14 Let $B, C \in \mathcal{B}(\mathcal{H})$. Then

$$
\begin{aligned}
& w^{2 r}\left(\left[\begin{array}{ll}
0 & B \\
C & 0
\end{array}\right]\right) \leq \frac{1}{4} \max \left\{w^{2}\left(|C|+i\left|B^{*}\right|\right), w^{2}\left(|B|+i\left|C^{*}\right|\right)\right\} \\
& +\frac{\alpha}{4} \max \left\{\left\|\left.| | C\right|^{r}+\left|B^{*}\right|^{r}\right\|,\left\||B|^{r}+\left|C^{*}\right|^{r}\right\| \|\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +\frac{1-\alpha}{2} \max \left\{w^{r}(B C), w^{r}(C B)\right\},
\end{aligned}
$$

For every $r \geq 2$ and $\alpha \in[0,1]$.

Proof. Let

$$
Y=\left[\begin{array}{ll}
0 & B \\
C & 0
\end{array}\right] .
$$

Then for every $x \in \mathcal{H}^{(2)}$ with $\|x\|=1$, we have

$$
|\langle Y x, x\rangle|^{2 r}=\left|\langle Y x, x\rangle\left\langle x, Y^{*} x\right\rangle\right|^{r}
$$

$\leq \frac{1}{2}\|Y x\|^{r}\left\|Y^{*} x\right\|^{r}+\frac{\alpha}{2}\|Y x\|^{\frac{r}{2}}\left\|Y^{*} x\right\|^{\frac{r}{2}}\left|\left\langle Y x, Y^{*} x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left|\left\langle Y x, Y^{*} x\right\rangle\right|^{r} \quad$ (by Lemma 2.15)

$$
\leq \frac{1}{4}\left(\|Y x\|^{2 r}+\left\|Y^{*} x\right\|^{2 r}\right)+\frac{\alpha}{4}\left(\|Y x\|^{r}+\left\|Y^{*} x\right\|^{r}\right)\left|\left\langle Y^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left|\left\langle Y^{2} x, x\right\rangle\right|^{r}
$$

(by the arithmetic - geometric mean inequality)
$\left.\leq \frac{1}{4}\left(\left.\langle | Y\right|^{r} x, x\right\rangle^{2}+\langle | Y^{*}\left|r^{r} x, x\right\rangle^{2}\right)+\frac{\alpha}{4}\left\langle\left(|Y|^{r}+\left|Y^{*}\right| r\right) x, x\right\rangle\left|\left\langle Y^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left|\left\langle Y^{2} x, x\right\rangle\right|^{r}$
(by Lemma 2.1)

$$
=\frac{1}{4}\left|\left\langle\left(|Y|^{r}+i\left|Y^{*}\right|^{r}\right) x, x\right\rangle\right|^{2}+\frac{\alpha}{4}\left\langle\left(|Y|^{r}+\left|Y^{*}\right|^{r}\right) x, x\right\rangle\left|\left\langle Y^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{2}\left|\left\langle Y^{2} x, x\right\rangle\right|^{r} .
$$

Thus,

$$
\begin{aligned}
& w^{2 r}(Y)=\sup _{||x|=1}|\langle Y x, x\rangle|^{2 r} \\
& \leq \frac{1}{4} \max \left\{w^{2}\left(|C|+i\left|B^{*}\right|\right), w^{2}\left(|B|+i\left|C^{*}\right|\right)\right\} \\
& +\frac{\alpha}{4} \max \left\{\left\|\left.| | C\right|^{r}+\left|B^{*}\right|^{r}\right\|,\left\||B|^{r}+\left|C^{*}\right|^{r}\right\|\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\}
\end{aligned}
$$

$$
+\frac{1-\alpha}{2} \max \left\{w^{r}(B C), w^{r}(C B)\right\}
$$

As special case of Theorem 2.16, we have the following refinement of the inequality (1.4).
Corollary 2.15 Let $X \in \mathcal{B}(\mathcal{H})$. Then for every $\alpha \in[0,1]$ and $r \geq 2$ we have

$$
\begin{aligned}
& w^{2 r}(X) \leq \frac{1}{4} w^{2}\left(|X|^{r}+i\left|X^{*}\right| r^{r}\right)+\frac{\alpha}{4}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right) \\
& \leq \frac{1+\alpha}{4}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right) .
\end{aligned}
$$

Proof. We have

$$
w^{2 r}(X)=w^{2 r}\left(\left[\begin{array}{cc}
0 & X \\
X & 0
\end{array}\right]\right)(\text { by Lemma 2.3) }
$$

$\leq \frac{1}{4} w^{2}\left(|X|^{r}+i\left|X^{*}\right|^{r}\right)+\frac{\alpha}{4}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right)$ (by Theorem 2.16)
$\leq \frac{1}{4}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{\alpha}{4}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right)$ (by Lemma 2.5)
$\leq \frac{1}{4}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{\alpha}{8}\left\|\left(|X|^{r}+\left|X^{*}\right|^{r}\right)^{2}\right\|+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right) \quad$ (by the inequality (1.6))

$$
\leq \frac{1+\alpha}{4}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{1-\alpha}{2} w^{r}\left(X^{2}\right) \quad \text { (by Lemma 2.2). }
$$

In the following result, we find a new an upper bound for the numerical radius of a $2 \times 2$ operator matrix.
Corollary 2.16 Let $A, B, C, D \in \mathcal{B}(\mathcal{H})$. Then for every $r \geq 2$ and $\alpha \in[0,1]$, we have

$$
\begin{aligned}
& w^{2 r}\left(\left[\begin{array}{ll}
A & B \\
C & D
\end{array}\right]\right) \leq 2^{2 r-1} \max \left\{w^{2 r}(A), w^{2 r}(D)\right\} \\
& +2^{2 r-3} \max \left\{w^{2}\left(|C|+i\left|B^{*}\right|\right), w^{2}\left(|B|+i\left|C^{*}\right|\right)\right\} \\
& +\alpha 2^{2 r-3} \max \left\{\left\||C|^{r}+\left|B^{*}\right| r| |,\right\||B|^{r}+\left|C^{*}\right|^{r} \|\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +(1-\alpha) 2^{2 r-2} \max \left\{w^{r}(B C), w^{r}(C B)\right\} .
\end{aligned}
$$

Proof. By the convexity the of $t^{2 r}$ and Theorem 2.16 we get

$$
\begin{aligned}
& w^{2 r}\left(\left[\begin{array}{cc}
A & B \\
C & D
\end{array}\right]\right)=\left(w\left(\left[\begin{array}{cc}
A & 0 \\
0 & D
\end{array}\right]\right)+w\left(\left[\begin{array}{cc}
0 & B \\
C & 0
\end{array}\right]\right)\right)^{2 r} \\
& \leq 2^{2 r-1} w^{2 r}\left(\left[\begin{array}{cc}
A & 0 \\
0 & D
\end{array}\right]\right)+2^{2 r-1} w^{2 r}\left(\left[\begin{array}{cc}
0 & B \\
C & 0
\end{array}\right]\right)
\end{aligned}
$$

$$
\begin{aligned}
\leq 2^{2 r-1} \max \{ & \left.w^{2 r}(A), w^{2 r}(D)\right\}+2^{2 r-3} \max \left\{w^{2}\left(|C|^{r}+i\left|B^{*}\right|^{r}\right), w^{2}\left(|B|^{r}+i\left|C^{*}\right|^{r}\right)\right\} \\
& +\alpha 2^{2 r-3} \max \left\{\left\||C|^{r}+\left.\left|B^{*}\right| r|\|,\|| B\right|^{r}+\left|C^{*}\right|^{r}\right\|\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +(1-\alpha) 2^{2 r-2} \max \left\{w^{r}(B C), w^{r}(C B)\right\} .
\end{aligned}
$$

The following result presents an upper bound for the numerical radius of the sum of operators.
Corollary 2.17 Let $A, B \in \mathcal{B}(\mathcal{H})$. Then for every $r \geq 2$ and $\alpha \in[0,1]$ we have

$$
\begin{aligned}
& \max \left\{w^{2 r}(A-B), w^{2 r}(A+B)\right\}=w^{2 r}\left(\left[\begin{array}{cc}
A & B \\
B & A
\end{array}\right]\right) \\
& \leq 2^{2 r-1} w^{2 r}(A)+2^{2 r-3} w^{2}\left(|B|^{r}+i\left|B^{*}\right|^{r}\right)+\alpha 2^{2 r-3}\left\||B|^{r}+\left|B^{*}\right| r^{r}\right\| w^{\frac{r}{2}}\left(B^{2}\right) \\
& +(1-\alpha) 2^{2 r-2} w^{r}\left(B^{2}\right)
\end{aligned}
$$

To prove Theorem 2.22, we need the following lemma which can be found in (Al-Dolat \& Al-Zoubi, 2023).
Lemma 2.18 Let $u, v, w \in \mathcal{H}$ with $\|w\|=1$. Then

$$
|\langle u, w\rangle\langle w, v\rangle|^{r} \leq \frac{1}{4}\|u\|^{r}\|v\|^{r}+\frac{2+\alpha}{4}\|u\|^{\frac{r}{2}}\|v\|^{\frac{r}{2}}|\langle u, v\rangle|^{\frac{r}{2}}+\frac{1-\alpha}{4}|\langle u, v\rangle|^{r}
$$

where $\alpha \in[0,1]$ and $r \geq 2$.

Now, we can state the following result in this paper as follows.
Theorem 2.19 Let $B, C \in \mathcal{B}(\mathcal{H})$. Then for every $\alpha \in[0,1]$ and $r \geq 2$ we have

$$
\begin{aligned}
& w^{2 r}\left(\left[\begin{array}{cc}
0 & B \\
C & 0
\end{array}\right]\right) \leq \frac{1}{8} \max \left\{w^{2}\left(|C|^{r}+i\left|B^{*}\right|^{r}\right), w^{2}\left(|B|^{r}+i\left|C^{*}\right|^{r}\right)\right\} \\
& +\frac{2+\alpha}{8} \max \left\{\left\||C|^{r}+\left|B^{*}\right|^{r}\right\|, \||B|^{r}+\left|C^{*}\right|^{r}| |\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\} \\
& +\frac{1-\alpha}{4} \max \left\{w^{r}(B C), w^{r}(C B)\right\} .
\end{aligned}
$$

Proof. Let

$$
Y=\left[\begin{array}{ll}
0 & B \\
C & 0
\end{array}\right]
$$

Then for every $x \in \mathcal{H}^{(2)}$ with $\|x\|=1$ we have

$$
|\langle Y x, x\rangle|^{2 r}=\left|\langle Y x, x\rangle\left\langle x, Y^{*} x\right\rangle\right|^{r}
$$

$\leq \frac{1}{4}\|Y x\|^{r}\left\|Y^{*} x\right\|^{r}+\frac{2+\alpha}{4}\|Y x\|^{\frac{r}{2}}\left\|Y^{*} x\right\|^{\frac{r}{2}}\left|\left\langle Y x, Y^{*} x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{4}\left|\left\langle Y x, Y^{*} x\right\rangle\right|^{r} \quad$ (by Lemma 2.21)
$\leq \frac{1}{8}\left(\|Y x\|^{2 r}+\left\|Y^{*} x\right\|^{2 r}\right)+\frac{2+\alpha}{8}\left(\|Y x\|^{r}+\left\|Y^{*} x\right\|^{r}\right)\left|\left\langle Y^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{4}\left|\left\langle Y^{2} x, x\right\rangle\right|^{r}$
(by the arithmetic - geometric mean inequality)
$\leq \frac{1}{8}\left|\left\langle\left(|Y|^{r}+i\left|Y^{*}\right|^{r}\right) x, x\right\rangle\right|^{2}+\frac{2+\alpha}{8}\left\langle\left(|Y|^{r}+\left|Y^{*}\right|^{r}\right) x, x\right\rangle\left|\left\langle Y^{2} x, x\right\rangle\right|^{\frac{r}{2}}+\frac{1-\alpha}{4}\left|\left\langle Y^{2} x, x\right\rangle\right|^{r}$ (by Lemma 2.1).
Therefore,

$$
\begin{aligned}
& w^{2 r}(Y)=\sup _{\|x\|=1}|\langle Y x, x\rangle|^{2 r} \\
& \leq \frac{1}{8}\left|\left\langle\left(|Y|^{r}+i\left|Y^{*}\right| r^{r}\right) x, x\right\rangle\right|^{2}+\frac{2+\alpha}{8}\left\||Y|^{r}+\left|Y^{*}\right| r\right\| w^{\frac{r}{2}}\left(Y^{2}\right)+\frac{1-\alpha}{4} w^{r}\left(Y^{2}\right) \\
& =\frac{1}{8} \max \left\{w^{2}\left(|C|^{r}+i\left|B^{*}\right|^{r}\right), w^{2}\left(|B|^{r}+i\left|C^{*}\right|^{r}\right)\right\} \\
& +\frac{2+\alpha}{8} \max \left\{\left\||C|^{r}+\left|B^{*}\right| r\right\|,\left\|\left||B|^{r}+\left|C^{*}\right|^{r} \|\right\} \max \left\{w^{\frac{r}{2}}(B C), w^{\frac{r}{2}}(C B)\right\}\right.\right. \\
& +\frac{1-\alpha}{4} \max \left\{w^{r}(B C), w^{r}(C B)\right\} .
\end{aligned}
$$

Corollary 2.20 Let $X \in \mathcal{B}(\mathcal{H})$. Then for every $\alpha \in[0,1]$ and $r \geq 2$, we have

$$
\begin{aligned}
& w^{2 r}(X) \leq \frac{1}{8} w^{2}\left(|X|^{r}+\left.i\left|X^{*}\right|\right|^{r}\right)+\frac{2+\alpha}{8}\left\||X|^{r}+\left.\left|X^{*}\right|\right|^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{4} w^{r}\left(X^{2}\right) \\
& \leq \frac{1}{2}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\| .
\end{aligned}
$$

Proof. We have

$$
w^{2 r}(X)=w^{2 r}\left(\left[\begin{array}{cc}
0 & X \\
X & 0
\end{array}\right]\right)
$$

(by Lemma 2.3)
$\leq \frac{1}{8} w^{2}\left(|X|^{r}+i\left|X^{*}\right|^{r}\right)+\frac{2+\alpha}{8}\left\||X|^{r}+\left|X^{*}\right| r^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{4} w^{r}\left(X^{2}\right)$ (by Theorem 2.22)
$\leq \frac{1}{8}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{2+\alpha}{8}\left\||X|^{r}+\left|X^{*}\right|^{r}\right\| w^{\frac{r}{2}}\left(X^{2}\right)+\frac{1-\alpha}{4} w^{r}\left(X^{2}\right)$ (by Lemma 2.5)
$\leq \frac{1}{8}\left\|\left.| | X\right|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{2+\alpha}{16}\left\|\left(|X|^{r}+\left|X^{*}\right|^{r}\right)^{2}\right\|+\frac{1-\alpha}{8} \||X|^{2 r}+$
$\left|X^{*}\right|{ }^{2 r}| |$ (by the inequality (1.6))
$\leq \frac{1}{8}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{2+\alpha}{8}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\|+\frac{1-\alpha}{8}\left\|\left.| | X\right|^{2 r}+\left|X^{*}\right|^{2 r}\right\|$ (by Lemma 2.2)

$$
=\frac{1}{2}\left\||X|^{2 r}+\left|X^{*}\right|^{2 r}\right\| .
$$

## Scientific Ethics Declaration

The author declares that the scientific ethical and legal responsibility of this article published in EPSTEM journal belongs to the authors.

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